



**ST. JAMES'S  
EPISCOPAL CHURCH**

**The Fourth Sunday after the Epiphany**

**January 28, 2024  
10:30 am**

*Welcome to St. James's!*

*We're glad that you have joined us today to enjoy the blessings of worship  
and to participate with us in God's mission in the world of justice and love.*

*However you come to this place,  
exhausted or energized by life, comfortable with church or not,  
gay or straight, trans, nonbinary, cisfemale or cismale;  
of color or white, neurodivergent or neurotypical,  
persons with or without disabilities, younger or older!*

*Whoever you are,  
know the people of St. James's strive to love and welcome you as God does,  
unconditionally and completely just as you are!*

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**10:30 am** The Fourth Sunday after the Epiphany, Holy Eucharist, Rite II

<i>Acolytes</i>	Marian King, Jonte Folkes, Sage Binzen, Xenia Binzen, Sofia Ironside
<i>Cantor</i>	Tom Hirschi
<i>Drummers</i>	Steve Clark, Tom Hirschi
<i>Eucharistic Ministers</i>	Tamasin Milner-Wohlers, Alvin Lindo
<i>Minister of Music</i>	Patrick Michaels
<i>Preacher</i>	Rebekah Bjork
<i>Presider</i>	The Rev. Michele Torres
<i>Readers</i>	Emery Mazzotta, Ivy Saltzman
<i>Ushers</i>	Mark Agard, Ren and Meg Aukeman
<i>Videographer</i>	Alice Killian, Colin Mazzotta
<i>Welcomer</i>	JT Kittredge

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## **The Word of God**

**Prelude**

**Words of Welcome**

**Tolling of the Bell**

*Unison or harmony*



1 In Christ there is no East or West, in  
 2 Join hands, dis - ci - ples of the faith, what -  
 3 In Christ now meet both East and West, in  
 him no South or North, but one great fel - low -  
 e'er your race may be! Who serves my Fa - ther  
 him meet South and North, all Christ - ly souls are  
 ship of love through - out the whole wide earth.  
 as his child is sure - ly kin to me.  
 one in him, through - out the whole wide earth.

Words: John Oxenham (1852-1941), alt.

Music: McKee, Afro-American spiritual; adapt. and harm. Harry T. Burleigh (1866-1949)

## Opening Acclamation

*Presider* Arise, shine, for your light has come.

*People* And the glory of the Lord shall dawn upon you.

## Collect for Purity

*All then pray*

Almighty God, you bring to light things hidden in darkness, and know the shadows of our hearts; cleanse and renew us by your Spirit, that we may walk in your light and glorify your name, through Jesus Christ, the light of the world. Amen.

In love you sum - mon, in love I fol - low,

liv - ing to - day for your to - mor - row.

Christ to re - lease me, Christ to en - fold me,

Christ to re - strain me, Christ to up - hold me.

Words and Music: John L. Bell © 1998 WGRG The Iona Community (Scotland) (admin. GIA Publications, Inc., 7404 South Mason Ave., Chicago, IL 60638 [www.giamusic.com].) All rights reserved. Used by permission.

## The Collect of the Day

*Presider* May God be with you.

*People* And also be with you.

*Presider* Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

A reading from the Book of Deuteronomy.

Moses said: The LORD your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the LORD your God at Horeb on the day of the assembly when you said: “If I hear the voice of the LORD my God any more, or ever again see this great fire, I will die.” Then the LORD replied to me: “They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak — that prophet shall die.”

*Reader* Hear what the Spirit is saying to God’s people.

*People* Thanks be to God.

**Psalm 111**

Jodi Mikalachki



Hallelujah!

I will give thanks to the LORD with my whole heart, \*  
in the assembly of the upright, in the congregation.

Great are the deeds of the LORD! \*

they are studied by all who delight in them.

His work is full of majesty and splendor, \*

and his righteousness endures for ever.

He makes his marvelous works to be remembered; \*

the LORD is gracious and full of compassion.

*Refrain*

He gives food to those who fear him; \*  
he is ever mindful of his covenant.

He has shown his people the power of his works \*  
in giving them the lands of the nations.

The works of his hands are faithfulness and justice; \*  
all his commandments are sure.

They stand fast for ever and ever, \*  
because they are done in truth and equity. *Refrain*

He sent redemption to his people; he commanded his covenant for ever; \*  
holy and awesome is his Name.

The fear of the LORD is the beginning of wisdom; \*  
those who act accordingly have a good understanding;  
his praise endures for ever. *Refrain*

**The Second Reading:** 1 Corinthians 8:1-13

Emery Mazzotta

A reading from the First Letter of Paul to the Corinthians.

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him. Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist. It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if

food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Reader Hear what the Spirit is saying to God's people.  
People Thanks be to God.

**Gospel Hymn: O Christ, the Word Incarnate** H 632, v. 1,2; v. 3 after Gospel

1 O Christ, the Word In - car - nate, O Wis - dom from on high,  
2 The Church from our dear Mas - ter re - ceived the word di - vine,  
3 O make thy Church, dear Sa - vior, a lamp of pur - est gold,

O Truth, un - changed, un - chang - ing, O Light of our dark sky;  
and still that light is lift - ed o'er all the earth to shine.  
to bear be - fore the na - tions thy true light as of old;

we praise thee for the ra - diance that from the scrip - ture's page,  
It is the chart and com - pass that o'er life's surg - ing sea,  
O teach thy wan - dering pil - grims by this their path to trace,

a lan - tern to our foot - steps, shines on from age to age.  
mid mists and rocks and quick - sands, still guides, O Christ, to thee.  
till, clouds and dark - ness end - ed, they see thee face to face.

Words: William Walsham How (1823-1897), alt.  
Music: Munich, melody from *Neu-vermehrtes und zu Übung Christl. Gottseligkeit eingerichtetes Meiningsches Gesangbuch*, 1693; adapt. and harm. Felix Mendelssohn (1809-1847)

## The Holy Gospel: Mark 1:21-28

*Gospeller* The Holy Gospel of our Savior Jesus Christ according to Mark.  
*People* Glory to you, O Christ.

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

*Gospeller* The Gospel of the Lord.  
*People* Praise to you, O Christ.

## Report of the Senior Warden

Rebekah Bjork

**Affirmation of Faith** "*Ninasadiki*," I Believe!

Music: S.C. Ochieng Okeyo

*The congregation responds to each line of the creed by singing Ninasadiki ("I believe").*

## Prayers of the People

Ivy Saltzman

*Reader*

As the prophet Isaiah rang out, "Arise, shine; for your light has come"; empower your Church, O God, to ring out the Good News of the Light of your son Jesus, which pierces even the deepest darkness.

Lord, in your mercy, **Hear our prayer.**

As a star rose high into the nighttime sky to draw the nations to the Christ-child; send your blessing, O God, on this nation, and every nation, and draw the whole world to your truth. In particular, we pray at this time for peace in the Holy Land.

Lord, in your mercy, **Hear our prayer.**



As John the Baptist guided throngs of people to the edge of the wilderness and baptized Jesus in the River Jordan, we pray that you would guide our country and our leaders to the ways of justice and righteousness.

Lord, in your mercy, **Hear our prayer.**

Like the Magi who traveled from afar to bring gifts and celebrate the Savior's birth; we pray for all the communities in which we live, that they may have eyes to see the many gifts you have given them and hearts to share those gifts generously for the common good.

Lord, in your mercy, **Hear our prayer.**

As Jesus climbed the mountaintop, and proclaimed blessings on the people of the world; we pray for the sick and the distressed, the poor and the lame, and those who experience oppression or hatred.

On this day, we offer our prayer for Charles Daniels, Stephen Damiani, Vida Carrington, Hana and Farah.

Lord, in your mercy, **Hear our prayer.**

As Jesus called his disciples to leave their nets and boats, and follow him; we pray for those we love and who have answered your call to follow Jesus into your Heavenly Kingdom. Give them your peace.

Lord, in your mercy, **Hear our prayer.**

I invite your prayers, aloud or in silence, at this time.

*(A minute is observed when all may offer their prayers for themselves and for the world.)*

Lord Jesus, Light of the World, hear our prayers, and make us reflections of your Light, that the places of darkness in our world would be pierced by your Light, and that all nations would be drawn to you and be overwhelmed with joy.

**Amen.**

## Confession

*Presider* Let us confess our sin against God and our neighbor.

*All*  
God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

*A moment in silence is now kept, not to dwell in unnecessary self-criticism or self-hatred, but rather to face our brokenness with courage and honesty that we might know more deeply God's healing and forgiving love.*

*The Presider then says*

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## The Peace

*Presider* The peace of God be always with you.

*People* And also with you.

## Announcements & Celebrations

*The people are now invited to come forward to share announcements, birthday and anniversary blessing requests, or prayer requests. The community's prayer is then gathered as they sing together:*

May God bless you; May God keep you; May God's love be with you;  
May God grant you peace and wisdom; May God ever be with you.

# The Holy Communion

## Offertory Sentence

*Presider* Ascribe to the LORD the honor due the divine name;  
bring offerings and come into the courts of the Lord.

*At this time our gifts and offerings will be collected.*

**Offertory Anthem:** Lifetime Partner, Loving Friend  
*The Adult Choir*

Text: Patrick Michaels  
Music: Sylvia Weston

**Presentation Hymn:** I want to live so God can use me

SJS 140, v.1-3



1. I want to live so God can use me, vic -



to - rious in this land; I want to live so God can



use me, vic - to - rious in this land.

2. I want to walk. . . 3. I want to work. . . 4. I want to pray. . . 5. I want to sing. . .

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## The Great Thanksgiving *Eucharistic Prayer B*

*Presider* The Lord be with you.

*People* And also with you.

*Presider* Lift up your hearts.

*People* We lift them to the Lord.

*Presider* Let us give thanks to the Lord our God.

*People* It is right to give God thanks and praise.

*The Presider says*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, God Almighty, Creator of heaven and earth. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your name:

## Sanctus

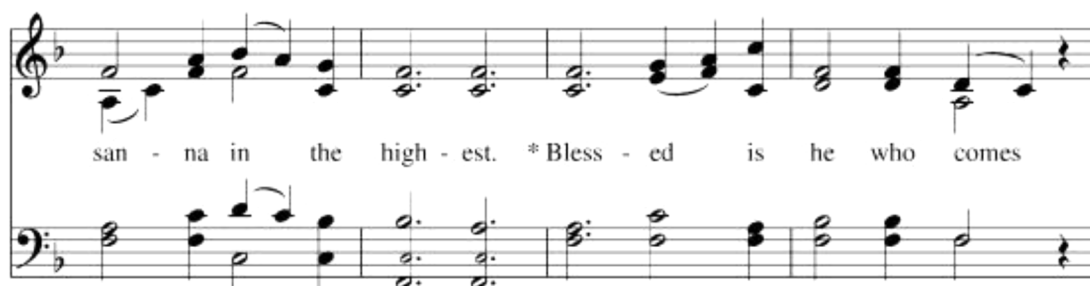
WLP 858



Ho - ly, ho - ly, ho - ly Lord, God of power and



might, heaven and earth are full of your glo - ry. Ho -



san - na in the high - est. \* Bless - ed is he who comes

The image shows a musical score for a hymn. It consists of two systems of music. Each system has a vocal line on a treble clef staff and a piano accompaniment on a bass clef staff. The key signature has one flat (B-flat), and the time signature is 4/4. The lyrics are: "in the name of the Lord. Ho - san - na in the high - est. Ho - san - na in the high - est." The music is written in a simple, hymn-like style with block chords and moving lines.

Arr: Marcia Pruner Harm: Annabel Morris Buchanan (1889-1983)

*The Presider continues*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from Blessed Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

*Presider and People*

**We remember his death, We proclaim his resurrection,  
We await his coming in glory;**

*Presider* And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, draw all things into reconciliation through your Christ, and bring us to that heavenly country where, with James, Mary, and all your saints, we may enter the everlasting heritage of all your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

*The Presider continues*

Through Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. **AMEN.**

As our Savior Christ has taught us, we now sing:

**Lord's Prayer** (Zambian)

SJS 1

*(Soloists sing the words in italics. The congregation joins in unitalicized language.)*

*Hear our plea, dear Father we pray;  
shower upon us your heav'nly grace  
that we may be your people  
Glorifying you.*

Lord, our Father, in heaven abiding,  
may your name always be hallowed by us.  
Your will is righteous and ever consistent,  
in heaven and also on earth.

Give us this day what we really have need of.  
Please forgive us the sins we've committed.  
Help us forgive all the sins of our neighbor  
as you have forgiven us ours.

Far from temptation we ask you to lead us.  
Save us also from all that is evil.  
Yours is the kingdom, the power, the glory  
at this time and world without end.

*Yours is glory excelling. Now and forever.  
Yours is glory excelling. Now and forever.  
Yours is glory excelling. Now and forever.  
Forever and ever. Amen.*

Yours is glory excelling. Now and forever.  
Yours is glory excelling. Now and forever.  
Yours is glory excelling. Now and forever.  
Forever and ever. Amen.

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### The Breaking of the Bread (Silence is kept)

#### Fraction Anthem: One Bread, One Body

LEVAS 151, Refrain only

The musical score is written in 4/4 time with a key signature of one sharp (F#). It consists of a vocal line and a piano accompaniment. The lyrics are: "One bread, one bod-y, one Lord of all, one cup of bless-ing which we bless. And we, though". The score includes a repeat sign at the beginning of the first line and a fermata over the final note of the first line. The piano accompaniment features a steady bass line and chords in the right hand.

man - y, through - out the earth, We are one

bod - y in this one Lord.

*Last time* ⊕

*Last time* ⊕

Words: 1 Corinthians, Galatians, The Didache Music: John B. Foley Copyright ©1978  
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## The Invitation

*Presider* The Gifts of God for the People of God.

## Administration of Communion

*The people are invited to come forward to receive communion when directed by an usher.*

*Those that wish a contactless blessing or  
 a gluten-free, allergen-free wafer are welcome to ask for that.*

*All are welcome and encouraged to receive Communion from God's table.*

**Communion Anthem:** Kol Ha Olam Kulo      Words: Rabbi Nachman of Braslav  
*The Greenleaf Choir*      Music: B. Chait

Translation: *The whole world is a very narrow bridge,  
 But the main thing is not to fear at all.*



*Unison or harmony*

1 I come with joy to meet my Lord, for -  
 2 I come with Chris - tians far and near to  
 3 As Christ breaks bread and bids us share, each  
 4 And thus with joy we meet our Lord. His  
 5 To - geth - er met, to - geth - er bound, we'll

1 giv - en, loved, and free, in awe and won - der  
 2 find, as all are fed, the new com - mu - ni -  
 3 proud di - vi - sion ends. That love that made us  
 4 pres - ence, al - ways near, is in such friend - ship  
 5 go our dif - ferent ways, and as his peo - ple

1 to re - call his life laid down for me.  
 2 ty of love in Christ's com - mun - ion bread.  
 3 makes us one, and stran - gers now are friends.  
 4 bet - ter known: we see, and praise him here.  
 5 in the world, we'll live and speak his praise.

Words: Brian A. Wren (b. 1936), alt.

Music: *Land of Rest*, American folk melody; adapt. and harm. Annabel Morris Buchanan (1889-1983)

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**Post Communion Prayer** *(Please stand as you are able)*

*Presider*

Let us pray.

*People*

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

## Blessing

*Presider*

May Jesus Christ be manifest in you,  
that your lives may be a light to the world.  
and the blessing of God: Creator, Christ, and Holy Spirit,  
be upon you, and those you love,  
and those for whom you pray  
this day and forever more. Amen.

## Closing Hymn: O Day of Peace

H 597

*Introduction*



1 O day of peace that dim - ly shines through all our  
2 Then shall the wolf dwell with the lamb, nor shall the



hopes and prayers and dreams, guide us to jus - tice, truth, and  
fierce de - vour the small; as beasts and cat - tle calm - ly



love, de - liv - ered from our self - ish schemes. May swords of  
graze, a lit - tle child shall lead them all. Then en - e -



hate fall from our hands, our hearts from en - vy find re -  
mies shall learn to love, all crea - tures find their true ac -

lease, till by God's grace our war - ring world shall see Christ's  
 cord; the hope of peace shall be ful - filled, for all the

*Interlude*

prom-ised reign of peace.  
 earth shall know the (Lord.)

*Final Ending*

Lord. \_\_\_\_\_

Words: Carl P. Daw, Jr. (b. 1944)  
 Music: *Jerusalem*, Charles Hubert Hastings Parry (1848-1918)

## Dismissal

*Presider* Let us go forth into the world,  
 rejoicing in the power of the Spirit. Alleluia! Alleluia!  
*People* Thanks be to God! Alleluia! Alleluia!

## Postlude

Saint James's Episcopal Church  
 1991 Massachusetts Avenue Cambridge, MA 02140  
 Website: [www.stjamescambridge.org](http://www.stjamescambridge.org)  
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 Emergency Pastoral Line: 857-600-1329

Interested in speaking to a priest or asking for prayers?  
 Email Rev. Matt at [matt@stjamescambridge.org](mailto:matt@stjamescambridge.org)

Want to donate to St. James's? Visit the website  
 or follow the QR code here:



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**St. James's Episcopal Church Welcomes You!**

I am: \_\_\_\_\_ visiting just for today.            I wish: \_\_\_\_\_ to be on the church mailing list.  
          \_\_\_\_\_ seeking a new church home.            \_\_\_\_\_ to receive a call or email from St. James's.

Please circle items below you'd like information about:  
Church School/Choir/Bible Study/Food Pantry

I'd like prayer for: \_\_\_\_\_

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email address: \_\_\_\_\_

Please fill this form out and place it in the offering plate or the church office.