



**ST. JAMES'S  
EPISCOPAL CHURCH**

**The First Sunday in Lent**

**February 18, 2023  
10:30 am**

*Welcome to St. James's!*

*We're glad that you have joined us today to enjoy the blessings of worship  
and to participate with us in God's mission in the world of justice and love.*

*However you come to this place,  
exhausted or energized by life, comfortable with church or not,  
gay or straight, trans, nonbinary, cisfemale or cismale;  
of color or white, neurodivergent or neurotypical,  
persons with or without disabilities, younger or older!*

*Whoever you are,  
know the people of St. James's strive to love and welcome you as God does,  
unconditionally and completely just as you are!*

---

**10:30 am** The First Sunday in Lent, Holy Eucharist, Rite II

<i>Acolytes</i>	Marian King, Jonte Folkes
<i>Eucharistic Ministers</i>	JT Kittredge, Mabel Moore-Pollard
<i>Living Epistoler</i>	Mark Yoder
<i>Minister of Music</i>	Patrick Michaels
<i>Preacher</i>	JT Kittredge
<i>Presider</i>	The Rev. Matthew Stewart
<i>Readers</i>	Tamasin Milner-Wohlers, Alfred Ironside
<i>Ushers</i>	Nancy McArdle
<i>Videographer</i>	Michael Anthony
<i>Welcomer</i>	Nancy McArdle

---

**Words of Welcome**

**Tolling of the Bell**

# The Great Litany

All please chant the responses with the choir:

Officiant

People



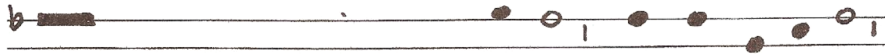
Holy God, Creator of heaven and earth,

Have mer-cy on us.



Holy and Mighty, Redeemer of the world,

Have mer-cy on us.



Holy Immortal One, Sanctifier of the faithful,

Have mer-cy on us.



Holy, blessed and glorious Trinity, One God,

Have mer-cy on us.

After all prayers for delivery, the people chant in response:



Sav-ior de-liver us.

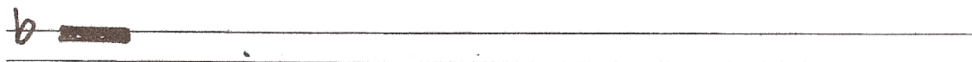
Next we pray for the world with all responding:



Hear us, O Christ.

Lastly, the cantor chants the closing prayer below and then all sing the closing:

Give us true repentance; forgive us our sins of negligence and ignorance and our deliberate sins; and grant us the grace of your Holy Spirit to amend our lives according to your / word.



Ho - ly God, Ho - ly and Might - y, Ho - ly Im - mor - tal One,



Have mer - cy on us.

# The Word of God

## The Collect of the Day

*Presider* May God be with you.

*People* And also be with you.

*Presider* Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

**The First Reading:** Genesis 9:8-17

Tamasin Milner-Wohlens

A reading from the Book of Genesis.

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

*Reader* Hear what the Spirit is saying to God's people.

*People* Thanks be to God.



# Psalm 25:1-9

REFRAIN MICHAELS

Lead me in your truth and teach me,  
me, for you are the God of my sal-va-tion;  
in you have I trust-ed all the day long, all the day long

Show me your ways, O LORD, \*  
and teach me your paths.

Lead me in your truth and teach me, \*  
for you are the God of my salvation;  
in you have I trusted all the day long.

*Refrain*

Remember not the sins of my youth and my transgressions; \*  
remember me according to your love  
and for the sake of your goodness, O LORD.

Gracious and upright is the LORD; \*  
therefore he teaches sinners in his way.

*Refrain*

He guides the humble in doing right \*  
and teaches his way to the lowly.

All the paths of the LORD are love and faithfulness \*  
to those who keep his covenant and his testimonies.

*Refrain*

**Living Epistle**

Mark Yoder

## Gospel Acclamation: Open My Eyes

The musical score is written on four staves in G major (one sharp) and 4/4 time. The melody is simple and repetitive, with lyrics under each staff. The lyrics are: "O - pen my eyes that I may see," "O - pen my ears that I may hear," "O - pen my mind that I may know," and "O - pen my heart that I may live." The notes are mostly quarter and eighth notes, with some rests.

*Music and text © 2001, 2005 Kristopher Erik Lindquist. All rights reserved. Used by permission.*

## The Holy Gospel: Mark 1:9-15

*Presider* The Holy Gospel of our Savior Jesus Christ according to Mark.

*People* Glory to you, O Christ.

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

*Presider* The Gospel of the Lord.

*People* Praise to you, O Christ.

**Sermon**

JT Kittredge

## Nicene Creed

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.

For us and for our salvation  
he came down from heaven:  
was incarnate of the Holy Spirit  
and the Virgin Mary,  
and became truly human.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father,  
who with the Father and the Son is worshiped and glorified.  
who has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## The Peace

*Presider* The peace of God be always with you.

*People* And also with you.

# Farewell Blessing for Mark Yoder

*Spirit of the Living God*

L 115

Spir - it of the Liv - ing God, Fall fresh on me,

Spir - it of the Liv - ing God, Fall fresh on me.

Melt me, mold me, Fill me, use me.

Spir - it of the Liv - ing God, Fall fresh on me.

Words: Daniel Iverson (1890-1977)

Music: Daniel Iverson

Copyright © 1935, 1963 Birdwing Music (a Division of the Sparrow Corp.) and BMG Songs, Inc. All Rights on Behalf of Birdwing Music Administered by BMG Songs, Inc. All Rights Reserved. International Copyright Secured.

Used by Permission.

*The Presider then says*

God of the journey, we praise and thank you for all that is ending and beginning now for Mark. We thank you for all Mark has been to us. Now we entrust him into your loving care, knowing that you are always the faithful traveler and companion on the Way. Shield and protect him from harm and anxiety, grant him the courage to meet the future, and grace to enter into what you have planned for him next. Through Jesus Christ our Savior. **Amen.**

## Announcements & Celebrations

*The people are now invited to come forward to share announcements, birthday and anniversary blessing requests, or prayer requests. The community's prayer is then gathered as they sing together:*

May God bless you; May God keep you; May God's love be with you;  
May God grant you peace and wisdom; May God ever be with you.

## The Holy Communion

### Offertory Sentence

*The Presider says*

I appeal to you, friends, by the mercies of God, to present yourselves as a living sacrifice, holy and acceptable to God, which is your spiritual worship.

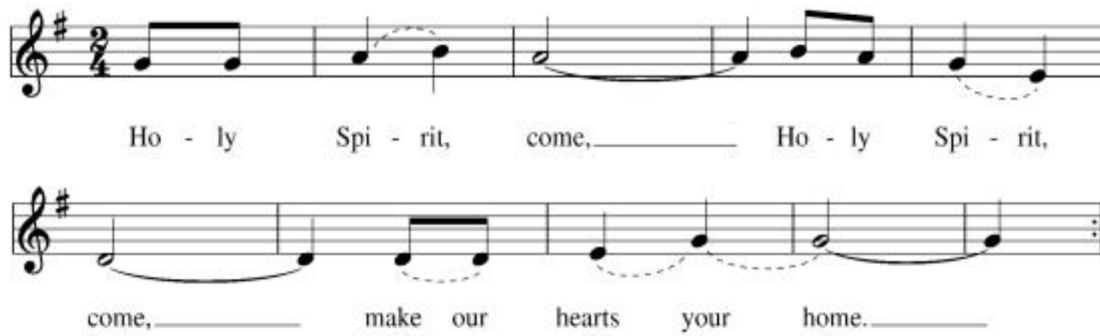
**Offertory Anthem:** Will God Be Judge    Text: Brian Wren    Music: Patrick Michaels  
*The Adult Choir*

1. *Will God be judge and will there be a time,  
timeless, yet final, in a world new-born,  
when all is weighed, accounted for, made good?  
Faith says, Amen, we know not how or when,  
but pray and hope for justice seen and done.*

2. *Will God be judged, and satisfy the slain,  
destroyed by torture, genocide and greed?  
Will God's perplexing ways be understood?  
Faith says, Amen, we know not how or when,  
but say that love is real, and God is love.*

3. *Will Jew and Christian walk at last in love?  
Will clashing faiths be honored and fulfilled  
by pilgrim's dance in galaxies of truth?  
Faith says, Amen, we know not how or when,  
but being found, are seeking yet to find.*

4. *Christ is our sign, our window into God:  
this freeing life, unfinished by a cross,  
awakens hope, and points a way ahead.  
Let faith's Amen be changing us for good,  
to live as friends of God, and practice love.*



Words and Music: Traditional Ojibway lullaby from *Chippewa Music* by Frances Densmore (1867-1957)  
*Each alternative text is sung independently and repeated numerous times.*

## The Great Thanksgiving

*Enriching our Worship: Eucharistic Prayer 2*

- Presider* The Lord be with you.  
*People* And also with you.  
*Presider* Lift up your hearts.  
*People* We lift them to the Lord.  
*Presider* Let us give thanks to the Lord our God.  
*People* It is right to give our thanks and praise.

*The Presider says*

We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

# Sanctus

S 130

Ho - ly, ho - ly, ho - ly Lord, God of power and

might, Ho - ly, ho - ly, ho - ly Lord,

God of power and might, hea - ven and earth are

full, full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na

in the high - est. Bless - ed is he who comes

in the name of the Lord. Ho - san - na

in the high - est. Ho - san - na in the high - est.

*The Presider continues*

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus, your holy child. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."



Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice. Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with Saint James and all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever.  
**AMEN.**

And now, as our Savior Christ has taught us, we are bold to say:

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come; thy will be done;  
on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,  
as we forgive those who trespass against us.

And lead us not into temptation; but deliver us from evil.

For thine is the kingdom, and the power,  
and the glory, forever and ever. Amen.

**The Breaking of the Bread**     *(Silence is kept)*



1. All who hun - ger gath - er glad - ly; ho - ly man - na  
 2. All who hun - ger, nev - er stran - gers, seek - er, be a  
 3. All who hun - ger, sing to - geth - er, Je - sus Christ is



is our bread. Come from wil - der - ness and wan - d'ring.  
 wel - come guest. Come from rest - less - ness and roam - ing.  
 liv - ing bread. Come from lone - li - ness and long - ing.



Here in truth we will be fed. You that yearn for  
 Here, in joy we keep the feast. We that once were  
 Here, in peace, we have been fed. Blest are those who



days of full - ness, all a - round us is our food.  
 lost and scat - tered in com - mun - ion's love have stood.  
 from this ta - ble live their days in grat - i - tude.



Taste and see the grace e - ter - nal.  
 Taste and see the grace e - ter - nal.  
 Taste and see the grace e - ter - nal.



Taste and see that God is good.  
 Taste and see that God is good.  
 Taste and see that God is good.

Words: Sylvia G. Dunstan (1955-1993) ©1991 GIA Publications, Inc. Music: Holy Manna, from Southern Harmony, 1835

## The Invitation

*Presider* The Gifts of God for the People of God.

## Administration of Communion

*The people are invited to come forward to receive communion when directed by an usher.*

*Those that wish a contactless blessing or  
 a gluten-free, allergen-free wafer are welcome to ask for that.*

*All are welcome and encouraged to receive Communion from God's table.*

Communion Hymn: I've been 'Buked

L 195

1. I've been 'buked an' I've been scorned,  
2. Dere is trou - ble all o - ver dis worl',  
3. Ain' gwine lay my 'li - gion down,

1. I've been 'buked an' I've been scorned, chil - dren;  
2. Dere is trou - ble all o - ver dis worl', chil - dren;  
3. Ain' gwine lay my 'li - gion down, chil - dren;

1. I've been 'buked an' I've been scorned,  
2. Dere is trou - ble all o - ver dis worl',  
3. Ain' gwine lay my 'li - gion down,

1. I've been talked a - bout sho's you' born.  
2. Dere is trou - ble all o - ver dis worl',  
3. Ain' gwine lay my 'li - gion down.

Words: Traditional  
Music: Negro Spiritual; arr. Carl Haywood (b. 1949), from *The Haywood Collection of Negro Spirituals*,  
Copyright © 1992.

## Post Communion Prayer

*Presider* Let us pray

*People* Faithful, generous, abiding God, we give you thanks for the bread of heaven and the cup of salvation. May the taste of this meal so linger that we will be strengthened in our Lenten journey. Give us courage to hear and live what may seem hard so that we can find deeper relationship in you and serve your vision of a redeemed world. Amen.

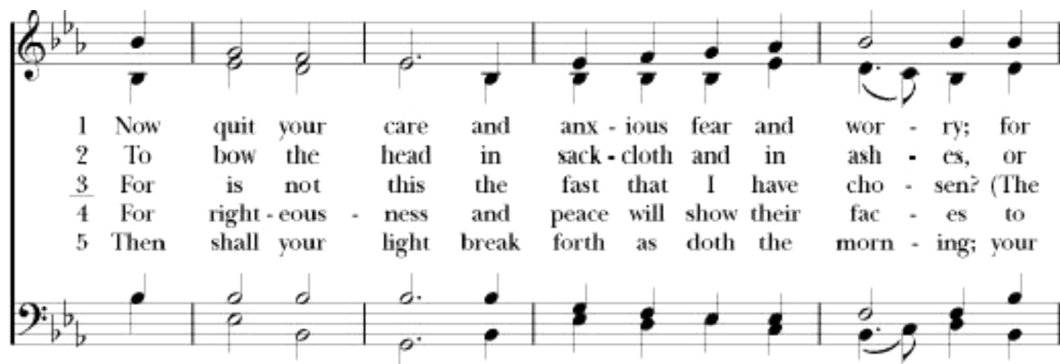
## Blessing

*Presider*

May the cross be the sign in which we begin again  
to untie the cords of violence, the misery of exclusion,  
and to proclaim God's unconditional love;  
and the blessing of the one God:  
who is beyond us, and among us, and within us,  
be with you, now and always. Amen.

## Closing Hymn: Now quit your care

H 145



1 Now quit your care and anxious fear and worry; for  
2 To bow the head in sack-cloth and in ashes, or  
3 For is not this the fast that I have chosen? (The  
4 For right-eous-ness and peace will show their faces to  
5 Then shall your light break forth as doth the morn-ing; your



1 schemes are vain and fret-ting brings no gain. Lent calls to  
2 rend the soul, such grief is not Lent's goal; but to be  
3 pro-phet spoke) To shat-ter ev-ery yoke, of wick-ed-  
4 those who feed the hun-gry in their need, and wrongs re-  
5 health shall spring, the friends you make shall bring God's glo-ry

1 prayer, to trust and ded - i - ca - tion; God brings new beau - ty  
 2 led to where God's glo - ry flash - es, his beau - ty to come  
 3 ness the griev - ous bands to loos - en, op - pres - sion put to  
 4 dress, who build the old waste plac - es, and in the dark - ness  
 5 bright, your way through life a - dorn - ing; and love shall be the

*Unison*                      *Harmony*

1 nigh; re - ply, re - ply, re - ply with love to love most high;  
 2 near. Make clear, make clear, make clear where truth and light ap - pear;  
 3 flight, to fight, to fight to fight till ev - ery wrong's set right.  
 4 shine. Di - vine, di - vine, di - vine it is when all com - bine!  
 5 prize. A - rise, a - rise, a - rise! and make a par - a - dise!

*Unison*                      *Harmony*

1 re - ply, re - ply, re - ply with love to love most high.  
 2 Make clear, make clear, make clear where truth and light ap - pear.  
 3 to fight, to fight to fight till ev - ery wrong's set right.  
 4 Di - vine, di - vine, di - vine it is when all com - bine!  
 5 A - rise, a - rise, a - rise! and make a par - a - dise!

Words: Percy Dearmer (1867-1936), alt. Music: Quittez, Pasteurs, French carol; harm. Martin Fallas Shaw (1875-1958)

## Dismissal

*Presider*      Go in peace to love and serve the Lord.

*People*        Thanks be to God.

## Postlude

*Saint James's Episcopal Church  
1991 Massachusetts Avenue Cambridge, MA 02140  
Website: [www.stjamescambridge.org](http://www.stjamescambridge.org)  
Office Email: [office@stjamescambridge.org](mailto:office@stjamescambridge.org)  
Emergency Pastoral Line: 857-600-1329*

*Interested in speaking to a priest or asking for prayers?  
Email Rev. Matt at [matt@stjamescambridge.org](mailto:matt@stjamescambridge.org)*

*Want to donate to St. James's? Visit the website  
or follow the QR code here:*



---

## **St. James's Episcopal Church Welcomes You!**

I am: \_\_\_\_\_ visiting just for today.      I wish: \_\_\_\_\_ to be on the church mailing list.  
         \_\_\_\_\_ seeking a new church home.      \_\_\_\_\_ to receive a call or email from St. James's.

Please circle items below you'd like information about:  
Church School/Choir/Bible Study/Food Pantry

I'd like prayer for: \_\_\_\_\_

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email address: \_\_\_\_\_

Please fill this form out and place it in the offering plate or the church office.